

Ethnomedical Information on Erva Tostão (*Boerhaavia diffusa*)

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Root Angola	Used for jaundice.	Not Stated	Human Adult	N02475
Entire Plant Brazil	Used as a diuretic, for urinary disorders, for hepatitis, jaundice, gallstones, urinary disorders, albuminuria, urinary retention, beri beri and blenorragia.	Hot H2O Ext / Oral	Human Adult	ZZ1013
Root Brazil	Used for renal disorders, urinary disorders, nephritis, cystitis, abundant urine, ascites, urinary retention, albuminuria, liver disorders and jaundice.	Hot H2O Ext / Oral	Human Adult	ZZ1007
Root Ghana	Used for guinea worms (used as a poultice). Used for guinea worms. Used of the treatment of yaws.	Hot H2O Ext / External Hot H2O Ext / External Not Stated	Human Adult Human Adult Human Adult	W00113 M23617 N02475
Entire Plant Guinea	Used to assist difficult childbirth.	Hot H2O Ext / Oral	Human (pregnant)	A00455
Entire Plant India	Used to increase the quantity of milk (galactagogue). Used as a diuretic, stomachic, laxative, anti-inflammatory, emmenagogue, and emetic (large doses). Used to treat gonorrhoea, internal inflammation, dropsy, jaundice, ascites, hemorrhoids, menstrual troubles, anemia, weakness, edema, heart diseases, and renal or urinary calculi.	Plant / Oral Hot H2O Ext / Oral	Cow / Female Human Adult	W03073 A12577 A14886 J05221 J08439 K23171 M26677 T06479 T08282 T09394 T13960 T15475
Leaf India	Used to cure rheumatic pains. Cooked leaves used for jaundice Used for dyspepsia, jaundice, enlarged spleen, abdominal pain, and liver diseases.	Leaves / External Leaves / Oral Hot H2O Ext / Oral Leaves / Oral	Human Adult Human Adult Human Adult Human Adult	T15942 M27166 M26677 T10133 T13856

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Leaf Juice India	Used for snakebite. Used in ophthalmia. Used for cataracts. Used as an antivenin for snakebite.	Leaf Juice / Oral Juice / Ophthalmic Juice / Ophthalmic Not stated	Human Adult Human Adult Human Adult Human Adult	K23156 M22542 M23219 K25892
Fresh Leaf India	Used as food. Used for urinary complaints. Used for cataracts.	Leaves / Oral Leaves / Oral Juice / Ophthalmic	Human Adult Human Adult Human Adult	K26667 T08282 T08282
Root India	Used as a diuretic. Used for fevers. Used as an expectorant in asthma, as a laxative, diuretic. Used for abdominal cancer. Used for sores. Lukewarm root paste is applied. Used for patients showing the symptoms of cholera. Used for asthma, anemia, snakebite jaundice and laxative. Used as a blood purifier and to hasten delivery. Used as an anthelmintic, laxative, diuretic and expectorant. Used as a laxative and diuretic. Used to facilitate expulsion of the placenta. Used for heart disease and kidney disease. Used for boils and guinea-worms. Used as a diuretic. Used for gonorrhoea and dropsy. Used for coughs, hemorrhages, colic and abdominal pain. Fresh root used for jaundice.	Hot H2O Ext / Oral Hot H2O Ext / Oral Hot H2O Ext / Oral Root / External Root / External Root(syrup) / Oral Hot H2O Ext / Oral Powder / Oral Root / Oral Hot H2O Ext / Oral Decoction / Oral Hot H2O Ext / Oral Root / External Decoction / Oral Root / Oral Hot H2O Ext / Oral Root / Oral	Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Cow Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult	A06589 T00583 A11384 A11384 K23294 K23171 M06281 M22542 W03073 N15507 T09390 T10133 T10133 M31122 T10133 T15475 K25403
Part Not Stated India	Used as a diuretic, for kidney ailments, heart problems, abdomen ailments and for debility. Used for menstrual complaints.	Decoction / Oral Hot H2O Ext / Oral	Human Adult Human Adult	K29697 T00653
Entire Plant Iran	Used as a diuretic and to treat gonorrhoea, nephritis, and edema.	Decoction / Oral	Human Adult	I00004
Leaf Iran	Used as an appetite stimulant and for joint pain.	Infusion / Oral	Human Adult	I00004
Root Iran	Used as a diuretic, expectorant, emetic (high doses), jaundice, urticaria, and edema.	Decoction / Oral	Human Adult	I00004
Seed Iran	Used for its tonic effect, for lumbago, muscle pain, and flatulence, and as an expectorant.	Not Stated / Oral	Human Adult	I00004

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Entire Plant Nigeria	Used as a febrifuge and laxative for children.	Hot H2O Ext / Oral	Human Child	N02475
Leaf Nigeria	Used as an anticonvulsant, antiasthmatic, expectorant, and emetic.	Hot H2O Ext / Oral	Human Adult	T06510
Fresh Root Nigeria	Used for convulsions. Fresh root used as an emetic and expectorant, used to treat epilepsy and asthma.	Hot H2O Ext / Oral	Human Child	K11896
		H2O Ext / Oral	Human Adult	N02475
Petiole Nigeria	Used for abscesses and boils.	Decoction / External	Human Adult	K16264
Root Papua - New Guinea	Used to induce sterility in women.	Decoction / Oral	Human Adult	K25334
Entire Plant West Africa	Used to regulate menstruation.	H2O Ext / Oral	Human Adult Female	A00115
Leaf West Africa	Used as an abortifacient.	Hot H2O Ext / Oral	Human (pregnant)	A04865
Root West Africa	Used for guinea worms. Used as a male aphrodisiac.	Hot H2O Ext / External	Human Adult	M23617
		Hot H2O Ext / Oral	Human Adult	A04865

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